

# The Look

## Sermon on the Mount: Part 5

Nathaniel Sorensen \* August 1, 2021 \* New Life Vineyard Church

*“You have heard that it was said, Do not commit adultery. But I tell you, everyone who looks at a woman to lust for her has already committed adultery with her in his heart.”*

Matthew 5:27-28

**Jesus is NOT saying it's wrong to \_\_\_\_\_.**

**Jesus is NOT making this an issue**

**of simple \_\_\_\_\_.**

*“If your right eye causes you to sin, gouge it out and throw it away. For it is better that you lose one of the parts of your body than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of the parts of your body than for your whole body to go into hell!”*

Matthew 5:29-30

## **HOW DO WE PROTECT OURSELVES FROM TEMPTATION?**

**1. Commit to honor God's \_\_\_\_\_.**

## **3 Perimeters of Defense:**

**a. With your \_\_\_\_\_**

*I have made a covenant with my eyes. How then could I look at a young woman?*

Job 31:1

**b. In your \_\_\_\_\_.**

*Taking every thought captive to the obedience of Christ.*

2 Corinthians 10:5

*Flee from sexual immorality... Do you not know that your body is a sanctuary of the Holy Spirit who is in you, whom you have from God? You are not your own, for you were bought at a price; therefore glorify God in your body.*

2 Corinthians 6:18-20

**c. In your \_\_\_\_\_.**

*Finally brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable – if there is any moral excellence and if there is any praise – dwell on these things.*

Philippians 4:8

**2 Practice \_\_\_\_\_ toward God.**

**“Failure to attain a deeply satisfying life always has the effect of making sinful actions seem good.”**

- Dallas Willard

*My soul, praise the Lord...He satisfies you with goodness; your youth is renewed like the eagle.*

Psalms 103:2-5