

STOPPING

Habits, Part 3

Pastor Ken Ritz * January 10, 2021 * New Life Vineyard Church

One day Samson went to Gaza, where he saw a prostitute. ...
Judges 16:1

**Based on who you want to become,
what habit do you need to break?**

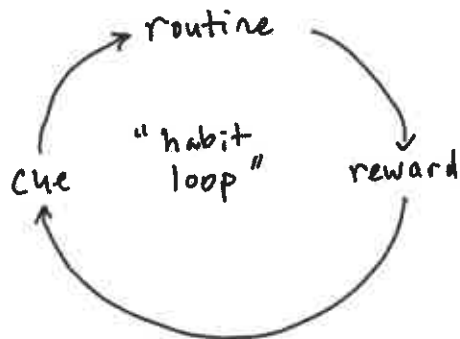
Get rid of every filthy habit and all wicked conduct. Submit to God and accept the word that he plants in your hearts, which is able to save you.

James 1:21 GN

HOW DO YOU BREAK A BAD HABIT?
• **MAKE IT _____ TO DO.**

Do not set foot on the path of the wicked or walk in the way of evildoers. Avoid it, do not travel on it; turn from it and go on your way.

Proverbs 4:14-15



Watch for the Five Major Triggers:

- **Place**
- **Time**
- **Mood**
- **Moment**
- **People**

Walk with the wise and become wise, for a companion of fools suffers harm.

Proverbs 13:20

It's almost impossible to live the right life
when you have the wrong friends.

Do not be misled: "Bad company corrupts good character."

1 Corinthians 15:33

Do not despise these small beginnings, for the LORD rejoices to see the work begin. ... Zechariah 4:10 NLT

For Discussion

- What new habit is God leading you to focus on? What's working well? What's been difficult?
- Based on who you want to become, what habit do you want to break?
- Read Proverbs 13:20. Who are the wise people you want to ask for help? When will you do it?

**All scriptures from NIV unless otherwise noted*