

CONTENTED?

Enjoy the Adventure, Part 10

Philippians 4:11-13

Pastor Ken Ritz * June 28, 2020 * New Life Vineyard Church

I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.

Philippians 4:11-13

Definition: Contentment

Realizing that God has already provided everything I need for my present happiness (see 1 Timothy 6:6-8)

Everyone's toil is for their mouth, yet their appetite is never satisfied. Ecclesiastes 6:7

HOW DO I LEARN CONTENTMENT?

1. Practice establishing _____

We do not look at what we can see right now, the troubles all around us, but we look forward to the joys in heaven which we have not yet seen. The troubles will soon be over, but the joys to come will last forever. 2 Corinthians 4:18(LB)

THREE MISCONCEPTIONS ABOUT HAPPINESS:

1. I must have what others have to be happy.
2. I must be liked by everyone in order to be happy.
3. Having more will make me more happy.

But godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that.

1 Timothy 6:6-8

Formula for Contentment:

Contentment = _____ - _____

2. Practice _____ for the imperfect

Give thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ. Ephesians 5:20(NRSV)

3. Practice _____ with your life

So don't worry about these things, saying, "What will we eat? What will we drink? What will we wear?" These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

Matthew 6:31-33(NLT)

Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost. Why spend money on what is not bread, and your labor on what does not satisfy? Listen, listen to me, and eat what is good, and you will delight in the richest of fare...Seek the Lord while he may be found; call on him while he is near. Isaiah 55:1-2, 6

I can do all things through Christ who strengthens me.

Philippians 4:13(NKJV)

**All scriptures from NIV unless otherwise noted*