

# Containing Complaining

## Enjoy the Adventure: Part 5

Nathaniel Sorensen \* May 17, 2020 \* New Life Vineyard Church

*“Do everything without complaining and arguing, so that no one can criticize you. Live clean, innocent lives as children of God, shining like bright lights in a world full of crooked and perverse people.*

Philippians 2:14-15

### 4 TYPES OF COMPLAINERS

#### 1. THE \_\_\_\_\_

*“Did I keep my heart pure for nothing? Did I keep myself innocent for no reason? I get nothing but trouble all day long; every morning brings me pain.”*

Psalm 73:13

#### 2. THE \_\_\_\_\_

*“Why are you treating me, your servant, so harshly? Have mercy on me! What did I do to deserve the burden of all these people! Did I give birth to them? Did I bring them into the world? Why did you tell me to carry them in my arms like a mother carries a nursing baby?*

*“How can I carry them to the land you swore to give their ancestors? Where am I supposed to get meat for all these people? They keep whining to me, saying, ‘Give us meat to eat!’*

*“I can’t carry all these people by myself! The load is far too heavy! If this is how you intend to treat me, just go ahead and kill me. Do me a favor and spare me this misery!”*

Numbers 11:11-15

#### 3. THE \_\_\_\_\_

*“Everything is meaningless... completely meaningless! What do people get for all their hard work under the sun? Generations come and generations go, but the earth never changes... History merely repeats itself. It has all been done before. Nothing under the sun is truly new.”*

Ecclesiastes 1:2-4, 9

#### 4. THE \_\_\_\_\_

*“An endless dripping on a rainy day and a nagging wife are alike. The one who controls her controls the wind and grasps oil with his right hand.”*

Proverbs 27:15 HCSB

### CONTAINING COMPLAINING

#### 1. Admit It’s a \_\_\_\_\_

*Now the people began complaining openly before the Lord about hardship. When the Lord heard, His anger burned...*

Numbers 11:1 HCSB

#### 2. Accept \_\_\_\_\_ for My Own Life

*People ruin their lives by their own foolishness and then are angry at the Lord.*

Proverbs 19:3

#### 3. Develop an \_\_\_\_\_ of Gratitude

*Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.*

1 Thessalonians 5:16-18

*...I have learned to be content in whatever circumstances I am.*

Philippians 4:11 HCSB

#### 4. Practice Speaking \_\_\_\_\_

*My soul, praise the Lord, and do not forget all His benefits.*

Psalm 103:2 HCSB

*Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

Ephesians 4:29 NIV

*\*All scriptures from NLT unless otherwise noted*