# **Training Your Mind**

Mastermind: Part 2

Nathaniel Sorensen \* January 13, 2019 \* New Life Vineyard

The direction of our \_\_\_\_\_ dictates

the direction of our \_\_\_\_\_.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Romans 12:2

The weapons we fight with are not the weapons of this world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2 Corinthians 10:4-5

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Philippians 4:8 NLT

It's not just about what you \_\_\_\_\_with

## your mind. It's also about what you put

\_\_\_\_\_ your mind.

I meditate on your precepts and consider your ways.

Psalm 119:15

I meditate on all your works and consider what your hands have done.

Psalm 143:5

#### What stronghold is holding you back?

### What truth speaks to that stronghold?

## Write it - Think it - Confess it - Believe it

"Jesus is first in my life. I exist to serve and glorify Him. I love my wife and I will lay down my life to serve her. My children will love God and serve Him with their whole hearts. I will nurture, equip, train and empower them to do more for the kingdom than they ever thought possible.

I love people - and I believe the best about others.

I am disciplined. Christ in me is stronger than the wrong desires in me. I am growing closer to Jesus everyday. Because of Christ, my family is closer, my body is stronger, my faith is deeper, my leadership is sharper.

I am creative, innovative, driven, focused and blessed beyond measure because the spirit of God dwells within me.

I develop followers of Christ and leaders of people. That's not something that I do, it's who I am.

I rejoice in suffering because Jesus suffered for me.

I bring my best and then some. It's what I bring after I bring my best that makes the difference.

The world will be different and better because I served Jesus today."