

# HOW GOD RESTORES YOUR SOUL

## God In The Hard Times, Part 3

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*The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, He restores my soul.*  
Psalm 23:1-3 (NIV)

### 1. LET GOD \_\_\_\_\_ MY \_\_\_\_\_

*Because of your wrath there is no health in my body; my bones have no soundness because of my sin. My guilt has overwhelmed me like a burden too heavy to bear. My wounds fester and are loathsome because of my sinful folly. I am bowed down and brought very low; all day long I go about mourning. My back is filled with searing pain; there is no health in my body.* Psalm 38:3-7

*For I recognize my shameful deeds – they haunt me day and night. Against you, and you alone, have I sinned; I have done what is evil in your sight.* Psalm 51:3-4 (NLT)

*Have mercy on me, O God, because of your unfailing love. Because of your great compassion, blot out the stain of my sins. Wash me clean from my guilt.* Psalm 51:1-2 (NLT)

*Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow.... Remove the stain of my guilt... Create in me a clean heart, O God.* Psalm 51:7-10

*All have sinned; all fall short of God's glorious standard. Yet now God in his gracious kindness declares us not guilty. He has done this through Christ Jesus, who has freed us by taking away our sins.* Rom 3:23 (NLT)

### 2. LET GOD \_\_\_\_\_ MY \_\_\_\_\_

*O Lord, have mercy on me in my anguish. My eyes are red from weeping; my health is broken from sorrow. I am pining away with grief; my years are shortened, drained away because of sadness.*  
Psalm 31:9 (TLB)

*David pleaded with God for the child. He fasted and went into his house and spent the nights lying on the ground. The elders of his household stood beside him to get him up from the ground, but he refused, and he would not eat any food with them. On the seventh day the child died.*  
2 Samuel 12:16-18 (NIV)

### TO BE RESTORED...

A. Accept what \_\_\_\_\_  
*Then David got up from the ground... He said, "While the child was still alive, I fasted and wept ... But now that he is dead, why should I fast? Can I bring him back again?"* 2 Samuel 12:22-23

B. Play \_\_\_\_\_ and Pray \_\_\_\_\_  
*After David had washed, put on lotions, and changed his clothes, he went into the house of the Lord and worshipped.* 2 Samuel 12:20

C. Focus on \_\_\_\_\_, not \_\_\_\_\_  
*Then David comforted his wife Bathsheba, and he went to her and lay with her. She gave birth to a son, and they named him Solomon.*  
2 Samuel 12:24

*To all who mourn ... he will give: beauty for ashes; joy instead of mourning; praise instead of heaviness.* Isaiah 61:3 (LB)

### 3. LET GOD \_\_\_\_\_ MY \_\_\_\_\_

*Dear friends, never avenge yourselves. Leave that to God, for He has said He will repay those who deserve it.* Romans 12:19 (LB)

*I have not wronged you, but you are hunting me down to take my life. May the LORD judge between you and me. And may the LORD avenge the wrongs you have done to me, but my hand will not touch you.* 1 Samuel 24:11-12 (NIV)

*Even my best friend, the one I trusted completely, the one who shared my food, has turned against me.* Psalm 41:9 NLT

*\*All scriptures from TNIV unless otherwise noted*