

# FLEE!

## Guardrails, Part 3

1 Corinthians 6:18-20

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Review of week one:

- Guardrail: ***A personal standard of behavior, that becomes a matter of conscience.***
- Your greatest regret would probably have been avoided if you had guardrails in your life.
- We may need guardrails that protect us in areas of spending, eating or drinking, habits or addictions, working hours, internet, television, gambling, or any other area of life that might cause us to lose self-control.

*Flee from sexual immorality.*

1 Corinthians 6:18

- We all want the people we love to do this (spouses, kids, grandkids, brothers and sisters...)
- When we have to apply this to ourselves, it feels different because we don't want to flee (Q. Am I being a hypocrite?)
- Our culture encourages us to go right to the edge of disaster sexually, then mocks us if we fall.

*Flee from sexual immorality. All other sins people commit are outside their bodies, but those who sin sexually sin against their own bodies. Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.*

1 Corinthians 6:18-20

Simple summary: *If it's dishonoring to God, don't do it with your body.*

## Guardrails Against Immorality

1. Establish Guardrails That Help You Commit To God's  
\_\_\_\_\_.

*Be faithful to your own wife and give your love to her alone.*  
Proverbs 5:15 (GN)

2. Establish Guardrails That Minimize Your Opportunity To  
\_\_\_\_\_.

*"So be careful if you're thinking 'I'd never behave like that'. Let this be a warning to you. For you too may fall into sin."*

1 Corinthians 10:12 (LB)

Suggested guardrails for married people...

1. Don't travel alone with members of the opposite sex.
2. Don't eat alone with members of the opposite sex.
3. Don't confide in or counsel members of the opposite sex.
4. When you feel your heart or desire drifting towards a specific person, tell someone.

3. Establish Guardrails To Maintain Your \_\_\_\_\_.

*Do not deprive each other of sexual relations, unless you both agree to refrain from sexual intimacy for a limited time so you can give yourselves more completely to prayer. Afterward, you should come together again so that Satan won't be able to tempt you because of your lack of self-control.*

1 Corinthians 7:5 (NLT)

4. Establish Guardrails To Maintain Your \_\_\_\_\_.

*Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.*

Phil 3:13-14

*\*All scriptures from TNIV unless otherwise noted*