

RUNNING LESSONS

JONAH, PART 2

Pastor Ken Ritz * Feb 12, 2017 * New Life Vineyard Church

Jonah Chapter 2

Verse 1

From inside the fish Jonah prayed to the Lord his God. He said: "In my distress I called to the Lord, and he answered me.

1. God listens to the prayers of those who are _____.

Verse 2

From deep in the realm of the dead I called for help, and you listened to my cry.

2. God is often behind the _____ that stop a runner in his tracks.

Verse 3

You hurled me into the depths...

3. Gods _____ is thorough.

Verse 3-7

...into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me.

I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. To the roots of the mountains I sank down; the earth beneath barred me in forever.

But you, Lord my God, brought my life up from the pit. "When my life was ebbing away, I remembered you, Lord, and my prayer rose to you, to your holy temple.

4. To run from God, is to run from his _____ and _____.

Verse 8

Those who cling to worthless idols forfeit the grace that could be theirs.

Verse 9

But I, with a song of thanksgiving, will sacrifice to you. What I have vowed I will make good. Salvation comes from the Lord."

5. God is a god of _____.

Verse 10

And the Lord commanded the fish, and it vomited Jonah onto dry land.

Chapter 3 Verse 1-3

Then the word of the Lord came to Jonah a second time: "Go to the great city of Nineveh and proclaim to it the message I give you."

Jonah obeyed the word of the Lord and went to Nineveh.