

# Worry Not

What Not To Wear: Part 4

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*You're done with that old life. It's like a filthy set of ill-fitting clothes you're stripped off and put in the fire. Now you're dressed in a new wardrobe. Every item of your new way of life is custom-made by the Creator, with His label on it. All the old fashions are now obsolete...From now on everyone is defined by Christ, everyone is included in Christ. So chosen by God for this new life of love, dress in the wardrobe God picked out for you...And regardless of what else you put on, wear love. It's your basic, all-purpose garment. Never be without it.*

Colossians 3:9-14 MSG

**We've actually convinced ourselves that \_\_\_\_\_ makes us \_\_\_\_\_ people.**

*Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can anyone of you by worrying add a single hour to your life?*

*And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you – you of little faith?*

*So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them.*

Matthew 6:25-32 NIV

**What if you were absolutely \_\_\_\_\_ that your heavenly Father \_\_\_\_\_?**

*But seek first his kingdom and his righteousness, and all these things will be given to you as well.*

Matthew 6:33 NIV

**I can't trust \_\_\_\_\_ to make my \_\_\_\_\_ for my \_\_\_\_\_ happen.**

*We know that all things work together for the good of those who love God: those who are called according to His purpose.*

Romans 8:28

*Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.*

Matthew 6:34 NIV

**The issue of \_\_\_\_\_ is \_\_\_\_\_.**

*I know both how to have a little, and I know how to have a lot. I have learned the secret of being content – whether well fed or hungry, whether in abundance or in need. I am able to do all things through Him who strengthens me.*

Philippians 4:12-13

*The Lord is near. Don't worry about anything, but in everything, through prayer and petition with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses every thought, will guard your hearts and minds in Christ Jesus.*

Philippians 4:5b-7

## Getting Practical

1. Begin your day \_\_\_\_\_ your \_\_\_\_\_.
2. \_\_\_\_\_ your worries "\_\_\_\_\_."
3. \_\_\_\_\_ in what \_\_\_\_\_ is doing \_\_\_\_\_.

*\*All scriptures from HCSB unless otherwise noted*