

Fear of Intimacy

Pastor Nathaniel Sorensen * Feb 28, 2016 * New Life Vineyard Church

2 Timothy 1:7

For God has not given us a spirit of fearfulness, but one of power, love, and sound judgment.

Two Ways Our Fear of Intimacy Affects Us

So the Lord God called out to the man and said to him, "Where are you?" And he said, "I heard You in the garden and I was afraid because I was naked, so I hid."
Genesis 3:9-10

1. My fear of intimacy can make me _____.

**2. My fear of intimacy can also
make me _____.**

*Then the man replied, "The woman You gave to be with me—she gave me some fruit from the tree, and I ate." So the Lord God asked the woman, "What is this you have done?" And the woman said, "It was the serpent. He deceived me, and I ate."
Genesis 3:12-13*

Overcoming Our Fear of Intimacy

Step 2:

You must take a prayerful, relational _____

for an intimate, relational _____.

Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.
1 Corinthians 13:7 (NIV)

There is no fear in love; instead, perfect love drives out fear, because fear involves punishment. So the one who fears has not reached perfection in love.
1 John 4:18

Step 1:

**Before you _____, you must find _____,
_____, and _____ in Christ**

*He said to him, "Love the Lord your God with all your heart, with all your soul, and with all your mind.... The second is like it: Love your neighbor as yourself."
Matthew 22:37,39 (NIV)*

Accept one another, then, just as Christ accepted you, in order to bring praise to God.
Romans 15:7 (NIV)

*All those led by God's Spirit are God's sons. For you did not receive a spirit of slavery to fall back into fear, but you received the Spirit of adoption, by whom we cry out, "Abba, Father!" The Spirit Himself testifies together with our spirit that we are God's children, and if children, also heirs—heirs of God and coheirs with Christ—seeing that we suffer with Him so that we may also be glorified with Him.
Romans 8:14-17*

You didn't receive a spirit of _____.

You received a spirit of _____.

**All scriptures from HCSB unless otherwise noted*