HOLD THAT THOUGHT

Brave Journey, Part 2

Pastor Ken Ritz * April 19, 2015 * New Life Vineyard Church

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Philippians 4:6-9

An anxious heart robs you of peace, an unfocused mind robs you of faith.

When I focus on the <u>wrong</u> thing,
is produced.
When I focus on the <u>right</u> thing,
is produced.

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:5

We can't always control the thoughts we <u>have</u>, but we can control the thoughts we <u>hold</u>. Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged. Joshua 1:9 Keep this Book of the Law always on your lips; <u>meditate</u> on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

Joshua 1:8

Meditate: Focusing your thoughts on God's truth; holding thoughts of God's truth in your mind.

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