

Worry

It Came From Within, Part 3

Pastor Ken Ritz * June 22, 2014 * New Life Vineyard Church

It's not what goes into your body that defiles you; you are defiled by what comes from your heart." Mark 7:15 (NLT)

Matthew 6:25-34

vs. 25: *Do not worry about your life...*

vs. 31: *Do not worry, saying, "What shall we eat..."*

vs. 34: *Do not worry about tomorrow...*

If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? vs. 30

"You of little faith" = Oligopistoi = "little faith one"

Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. The disciples went and woke him, saying, "Lord, save us! We're going to drown!" He replied, "You of little faith, why are you so afraid?"
Matt 8:24-26

Two Ways Not To Fight Worry:

- Psychology
- Probability

HOW TO WIN OVER WORRY Eight Statements Of Faith

1. My life is more important than _____.
Is not life more important than... vs. 25

2. I am more valuable than _____.
Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? vs. 26

3. I will stop trying to control the _____.
Can any one of you by worrying add a single hour to your life?
vs. 27

4. I will look and listen to _____.
See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? vs. 28-30

5. I am not a _____.
So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things and your heavenly Father knows that you need them.
vs. 31-32

6. I will seek first _____.
But seek first his kingdom and his righteousness, and all these things will be given to you as well. vs. 33

7. I have a relationship with the _____.
But seek first his kingdom and his righteousness, and all these things will be given to you as well. vs. 33

The LORD does whatever pleases him, in the heavens and on the earth, in the seas and all their depths. Ps 135:6

8. I Will Live _____.
Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. vs. 34

*All scriptures from TNIV unless otherwise noted