

ANGER

IT CAME FROM WITHIN... PART 1

Pastor Ken Ritz * June 8, 2014 * New Life Vineyard

For out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false testimony, slander. These are what defile you;

Matt 15:19-20

"You have heard that it was said to the people long ago, 'You shall not murder, and anyone who murders will be subject to judgment.' But I tell you that anyone who is angry with a brother or sister will be subject to judgment. Again, anyone who says to a brother or sister, 'Raca,' is answerable to the Sanhedrin. And anyone who says, 'You fool!' will be in danger of the fire of hell.

"Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to that person; then come and offer your gift.

"Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison. Truly I tell you, you will not get out until you have paid the last penny.

Matthew 5:21-26

1. Anger is _____.

2. Dealing with anger is priority _____.

3. Deal with it _____.

4. Go directly to that person, _____.

"If a brother or sister sins, go and point out the fault, just between the two of you. If they listen to you, you have won them over.

Matthew 18:15-16

FOUR MYTHS ABOUT ANGER

MYTH #1: My Anger Is Caused By External Events And Other People.

- Truth: The Person That Makes Me So Mad, _____.

MYTH #2: I Cannot Control My Anger.

- Truth: _____.

MYTH #3: The Best Way To Handle Your Anger Is To Ventilate It.

- Truth: Ventilation _____.

Fools vent their anger, but the wise quietly hold it back.

Proverbs 29:11 (NLT)

"I don't have a bucket of anger, I have a factory."

MYTH #4: Spiritual, Mature People Never Get Angry.

- Truth: Spiritual, emotionally healthy people do get angry, but they _____.

A gentle answer turns away wrath, but a harsh word stirs up anger.

Proverbs 15:1

"May God who gives patience, steadiness, and encouragement help you to live in complete harmony with each other, each with the attitude of Christ toward the other."

Romans 15:5 (LB)

* All scriptures from TNIV unless otherwise noted